



Volunteer Role Description

We believe that Volunteer Role Descriptions are beneficial to both the volunteer and the organisation. We hope this description provides any potential volunteers with a clear understanding of the work that they might undertake.

Volunteer Role: Cycle leader
Based at: Park Roots, Birkenhead Park
Reports to: Green Exercise Co-ordinator, Senior Ranger and Rangers
Number of hours: 2-5 hour sessions
When required: Thursdays and other dates depending upon demand

The Role of the Volunteer will be to:

- Assist the Green Exercise Co-ordinator in leading Wheels for All and Health on Wheels sessions for children, young people, families and people of all abilities such as:
 - Wheels for All – Thursdays 10-3 p.m.
 - Weekends
- Assist with the organising of information for the cycle sessions
- Use own initiative
- Have good listening and communication skills and be non-judgmental

Training and support:

Park Roots will provide an initial induction and basic child protection training for all volunteers. After initial training, cycle leader training sessions will be organised to address any specific areas identified by the volunteer and their supervisor. Cycle leaders will be provided with either a 2 day Wheels for All training session or 1 day Health on Wheels training session.

Supervision:

Once recruited, the volunteer will be offered regular supervision sessions with their named contact. These sessions will enable the organisation to monitor the development of the volunteer, give the volunteer an opportunity to feedback and discuss progress, as well as addressing any other issues.

Commitment:

Volunteers will be able to participate for as few or as many sessions as they wish, although it is hoped that volunteers will wish to participate on an ongoing basis. Park Roots commits to providing a nominated supervisor and supervision sessions.